

"Transformation is made possible through exposure to truth."

Forgiving Others

Heavenly Father, you know all the situations that I have been through in my life. You know all the wounds and the hurts I've carried. And I know you care about everything that has happened to me in the past and care even more about what happens to me in my future.

I acknowledge that you have graciously forgiven me of everything because of what Jesus has done on my behalf. Today, as an act of my will, I am deciding to let go of all unforgiveness against (name). I choose to let go of all hurt, disappointments, bitterness, unforgiveness, resentment, retaliation, vengeance, gossip, anger, hatred, and murder. If there are more stored up negative feelings in me toward this person, I ask that You cleanse me of it. I ask that you help and bless (name).

I confess, repent and renounce self-condemnation, self-rejection, self-hatred and selfsabotage. I choose to close the door of my mind to all of it now. I choose this day to walk in love, forgiveness and kindness toward others and toward myself.

Lord God, fill my heart with your supernatural joy and peace. Give me Your supernatural ability and wisdom to think and act in a way that is pleasing to you regardless of the situation.

I choose to put my past behind me and to embrace my future. Thank you for all You are going to do in me, for me, and through me.

I pray this in the name of Jesus, Amen